

# Weight Charts - American Amicable

Last Modified on 02/13/2026 1:36 pm CST

<b>BUILD CHARTS</b>					
<b>(Unisex)</b>					
(Use the chart below to help determine the appropriate plan)					
Ht.	Maximum Weight for Plan			Minimum Weight for Plan	
	IMMED	GRADED	ROP	IMMED	ROP
4' 5" <sup>***</sup>	173	174-180	181-190	82	77-81
4' 6" <sup>***</sup>	180	182-188	189-198	84	79-83
4' 7" <sup>***</sup>	187	189-196	197-206	86	81-85
4' 8"	197	198-204	205-214	88	83-87
4' 9"	204	205-212	213-222	90	85-89
4' 10"	211	212-220	221-230	92	87-91
4' 11"	218	219-228	229-238	94	89-93
5'	225	226-236	237-246	96	91-95
5' 1"	233	234-244	245-254	99	94-98
5' 2"	241	242-252	253-262	101	96-100
5' 3"	248	249-260	261-271	105	100-104
5' 4"	256	257-268	269-280	107	102-106
5' 5"	264	265-276	277-288	110	105-109
5' 6"	273	274-285	286-297	112	107-111
5' 7"	281	282-294	295-306	116	111-115
5' 8"	289	290-303	304-316	119	114-118
5' 9"	298	299-312	313-325	123	118-122
5' 10"	307	308-321	322-335	126	121-125
5' 11"	315	316-330	331-344	131	126-130
6'	324	325-339	340-354	135	130-134
6' 1"	334	335-349	350-364	139	134-138
6' 2"	343	344-359	360-374	142	137-141
6' 3"	352	353-368	369-384	146	141-145
6' 4"	361	362-378	379-394	149	144-148
6' 5"	370	371-388	389-404	152	147-151
6' 6"	379	380-398	399-414	156	151-155
6' 7"	388	398-408	409-424	160	155-159
6' 8"	397	398-418	419-434	164	159-163
6' 9"	406	407-428	429-440	168	162-167

4' 5" - 4' 7" (\*\*\*) These heights are not programmed when using the mobile application decision engine and will generate a Refer to Home Office decision.